

**W**

**NEW STUDENT &  
TRANSFER PROGRAMS**



**HUSKY GUIDE  
2026-2027**

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**DEAN ED TAYLOR**

## DEAR NEW HUSKIES,

Welcome to the University of Washington! When you chose to come to the UW, you chose to walk on the path of knowledge and understanding; to build bridges across difference; to actively pursue facts and information. UW students, faculty and staff take the road of service and leadership — together. We are glad you're bringing your unique perspectives and contributions to our collective Husky experience. In your time here, I hope that you reach out, connect and discover more about the UW, who you are and what matters most to you. Know that your Husky family is proud of you and is here for you.

### ED TAYLOR

Vice Provost and Dean, Undergraduate Academic Affairs  
Professor of Educational Leadership and Policy Studies



**NSTP TEAM**

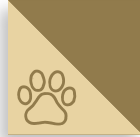
## WELCOME FROM NEW STUDENT & TRANSFER PROGRAMS (NSTP)

You are now officially part of our Husky community! We hope you find this guide helpful as you prepare to join us on campus. Our programs provide opportunities to deepen your knowledge of the University of Washington as you navigate through your first year at the UW. We look forward to learning with you and ensuring that you have a smooth transition. Visit us in Mary Gates Hall 120 or the Commuter & Transfer Commons (HUB 141) before the quarter begins. Go Dawgs!

### THE NEW STUDENT & TRANSFER PROGRAMS TEAM

Student Academic Services, Undergraduate Academic Affairs

[nstp@uw.edu](mailto:nstp@uw.edu) | [nstp.uw.edu](http://nstp.uw.edu) | 206-543-4905 (voice) | 206-207-5564 (text)



# USING THIS GUIDE AND THE NEW HUSKY CHECKLIST

Getting started at the UW doesn't come with an instruction manual, but the Husky Guide comes pretty close. As you read this guide, you will see that its content aligns with the items on your New Husky Checklist. Completing this "to-do list" as you go through the guide will help ensure an easy transition into your first year at the UW.

To view an electronic version of this guide, visit [nstp.uw.edu/huskyguide](http://nstp.uw.edu/huskyguide).

# HUSKY FOUNDATIONS

Husky Foundations is a self-paced online course. It is one of the required items on your New Husky Checklist.

Many of the topics in the Husky Foundations course build on the content in this guide and provide more details about what you need to know, do and expect in your first year at the UW.

# ONLINE RESOURCES

Even before you arrive on campus, gain valuable information about academics at the UW with our online and video resources at [nstp.uw.edu/orientation-resources](http://nstp.uw.edu/orientation-resources).

## KNOW YOUR LINGO

### COMMON UW TERMS

<b>A&amp;H</b>	Arts & Humanities	<b>OFSL</b>	Office of Fraternity and Sorority Life
<b>A&amp;O</b>	Advising & Orientation	<b>OGR</b>	Office of Government Relations
<b>A&amp;S</b>	College of Arts & Sciences	<b>OMA&amp;D</b>	Office of Minority Affairs & Diversity
<b>ASP</b>	Academic Support Programs	<b>OSFA</b>	Office of Student Financial Aid
<b>ASUW</b>	Associated Students of the University of Washington	<b>OSVL</b>	Office of Student Veteran Life
<b>CELE</b>	Community Engagement and Leadership Education	<b>OUR</b>	Office of the University Registrar
<b>CIRCLE</b>	Center for International Relations & Cultural Leadership Exchange	<b>PHA</b>	Panhellenic Association
<b>CLUE</b>	Center for Learning and Undergraduate Enrichment	<b>PHE</b>	Peer Health Educator
<b>CSSC</b>	Community Standards & Student Conduct	<b>RA</b>	Resident Adviser
<b>CTC</b>	Commuter & Transfer Commons	<b>RCG</b>	Regional Connection Groups
<b>DRS</b>	Disability Resources for Students	<b>ROTC</b>	Reserve Officers' Training Corps
<b>DTA</b>	Direct Transfer Agreement	<b>RSN</b>	Reasoning
<b>ECC</b>	Ethnic Cultural Center	<b>RSO</b>	Registered Student Organization
<b>E-FIG</b>	Engineering First-year Interest Group	<b>SAF</b>	Services & Activities Fee
<b>EOP</b>	Educational Opportunity Program	<b>SAO</b>	Student Activities Office
<b>EPE</b>	Engineering Peer Educator	<b>SEVIS</b>	Student and Exchange Visitor Information System
<b>EXPD</b>	Center for Experiential Learning and Diversity	<b>SFC</b>	Student Food Cooperative
<b>FAFSA</b>	Free Application for Federal Student Aid	<b>SFS</b>	Student Fiscal Services
<b>FIG</b>	First-year Interest Group	<b>SLN</b>	Schedule Line Number
<b>GPSS</b>	Graduate & Professional Student Senate	<b>SORC</b>	Student Organization Resource Center
<b>HFS</b>	Housing & Food Services	<b>SPD</b>	Seattle Police Department
<b>HLI</b>	Husky Leadership Initiative	<b>Ssc</b>	Social Sciences
<b>HUB</b>	Husky Union Building	<b>STF</b>	Student Technology Fee
<b>IFC</b>	Interfraternity Council	<b>TA</b>	Teaching Assistant
<b>IMA</b>	Intramural Activities Building	<b>UAA</b>	Undergraduate Academic Affairs
<b>ISS</b>	International Student Services	<b>UW</b>	University of Washington or "U Dub"
<b>MGC</b>	Multicultural Greek Council	<b>UWPD</b>	UW Police Department
<b>NPHC</b>	National Pan-Hellenic Council	<b>VOL</b>	Virtual Orientation Leader
<b>Nsc</b>	Natural Sciences	<b>WAC</b>	Waterfront Activities Center
<b>NSEOF</b>	New Student Enrollment and Orientation Fee	<b>WA CTC</b>	Washington State Community and Technical Colleges
<b>NSTP</b>	New Student & Transfer Programs	<b>WASFA</b>	Washington Application for State Financial Aid



# WELCOME TO THE UW

The University of Washington expects you to be informed of the Student Conduct Code and be a responsible member of our community. Use these topics to ask questions about what it means to be a UW student. [nstp.uw.edu/expectations](https://nstp.uw.edu/expectations)

## ACADEMIC INTEGRITY

We expect you to practice high standards of academic and professional honesty and integrity as defined in Student Conduct Code WAC 478-121-107. In doing so, you will be part of a vibrant intellectual community striving for academic excellence. Huskies have integrity.

→ **What does it mean to have integrity as a first-year or transfer student at the UW?**

## ACADEMIC ENGAGEMENT

To be successful, instructors expect you to commit yourself to being present and engaged both in the classroom and with outside studies, assignments and activities. There are an incredible number of staff and resources available to support your journey, and we expect you as a student to ask for help when you need it.

→ **How do you define being present and engaged in your classroom?**

## COMMUNITY AND COMPASSION

You are joining a community with a long-standing and growing commitment to equity, inclusion and diversity. We expect you to be aware of your own biases and seek to understand the perspectives of others. You will experience many ways to make connections and build your own community and support network, both in person and online.

→ **How will you engage in fostering community for yourself?**

## CO-CURRICULAR INVOLVEMENT

Your academics are an important part of your time at the UW, but they are only one part of the picture. We expect you to engage in co-curricular involvement, which can include part-time jobs, internships, community-service opportunities, tutoring students, getting involved with research and more.

- **What is one area you want to explore in your first quarter at the UW?**
- **How will you engage in outside studies, assignments and activities?**

## ETHICAL CONDUCT

You will find yourself in unique situations that require you to act ethically and with the utmost integrity. We expect that you hold not only yourself, but also your peers, to the highest standards of ethical conduct and consider a variety of perspectives when making decisions.

- **Who can you go to for support and advice when faced with a dilemma?**

## DID YOU KNOW?

Before you arrive on campus, you are expected to read the Student Conduct Code.  
[uw.edu/cssc/student-code-of-conduct](https://uw.edu/cssc/student-code-of-conduct)



# FIRST GENERATION AT THE UW

Are you the first one in your family to go to college? Here are a few resources to explore as you begin your journey:

- 1. Opt-in list:** First-year and transfer students can opt-in to stay informed about first-gen specific events and resources in emails and newsletters. Sign up to receive these communications through the New Husky Checklist. [nstp.uw.edu/firstgen](https://nstp.uw.edu/firstgen)
- 2. Advising guide:** Review the advising guide to help you navigate the beginning of your time here at the UW, and explore resources and communities that can help you get involved on campus. [advising.uw.edu/guides/first-generation](https://advising.uw.edu/guides/first-generation)
- 3. Career and skill-building resources:** Explore resources at the Career & Internship Center to help you find employment, build your skills, and attend events. [careers.uw.edu/channels/first-generation-students](https://careers.uw.edu/channels/first-generation-students)
- 4. Office of Minority Affairs & Diversity (OMA&D) Academic Counseling Services:** OMA&D Academic Counseling Services (ACS) provides advising, mentoring opportunities and scholarships and financial aid counseling for first-generation students. [depts.washington.edu/omadcs](https://depts.washington.edu/omadcs)
- 5. National First-Gen Celebration Day:** Mark your calendar for November 8 to celebrate your amazing accomplishment of going to college as a first-generation student! Be on the lookout for more information in your email about events and activities. [uw.edu/diversity/national-first-gen-day](https://uw.edu/diversity/national-first-gen-day)


**CELEBRATE FIRST-GEN**
  
 National 1st-Generation College Celebration | November 8  
 Bothell | Seattle | Tacoma

## DISCOVER YOUR UW TRADITIONS

Participating in UW traditions will help you feel close with your Husky community and make new friends. Here are some fun traditions to join as you begin your first year at the UW. Learn more at [nstp.uw.edu/traditions](https://nstp.uw.edu/traditions).





# ACADEMIC RESOURCES

## FINDING ACADEMIC SUPPORT

Academic success includes reaching out for support early in your first year. Below are common support areas most UW students connect with early on. [academicsupport.uw.edu](https://academicsupport.uw.edu)



### ACADEMIC COACHING

Meet with peer Academic Success Coaches who provide support to develop study strategies and work with you to create a personalized plan for your academic goals.



### STUDY CENTERS

Visit a study center for specific subject area support from teaching assistants, departmental advisers, and peers. Explore all the study centers on campus: [nstp.uw.edu/hgcenters](https://nstp.uw.edu/hgcenters)



### TUTORING

The Center for Learning and Undergraduate Enrichment (CLUE) provides drop-in tutoring and exam reviews for specific subjects facilitated by peer tutors. Connect with peers in these programs and ask questions in a supportive environment.



### WRITING CENTERS

Receive individual support at any stage of the writing process, including technical and career writing. Peer writing and research tutors are available at the Odegaard Writing & Research Center. [depts.uw.edu/owrcweb](https://depts.uw.edu/owrcweb)

## MAINTAINING ACADEMIC INTEGRITY

### COMMUNITY STANDARDS + STUDENT CONDUCT

- Take pride in doing your own work. You worked hard to be here, and we believe in you and your capability to be academically successful.
- Make a plan that allows ample time for all your assignments, studying and exams. This helps ensure that the pressure of deadlines does not lead you to engage in cheating.
- Check your syllabus for specifics on what your instructor expects of you. There may be expectations that one class has and another does not.
- Learn how to be a successful Husky and make a positive impact at the UW by reviewing the Student Conduct Code. [uw.edu/cssc/student-code-of-conduct](https://uw.edu/cssc/student-code-of-conduct)

### DID YOU KNOW?

Artificial Intelligence (AI) content generators, such as ChatGPT, can offer opportunities that can contribute to your learning and academic work. However, using these technologies may also constitute misconduct.

**Check with your professor about appropriate AI use.**



# CONNECT WITH ACADEMIC ADVISING

As you prepare to meet advisers and register for classes at your Advising & Orientation session, consider the following:

## FIRST-YEAR STUDENTS

- Learn about General Education and why it is important. [nstp.uw.edu/hggened](https://nstp.uw.edu/hggened)
- Ask yourself: How can I be intentional and flexible about my course choices?
- Ask yourself: How can I use my first quarter courses to explore my interests both inside and outside the classroom?
- Practice using course registration and planning tools such as MyUW, Register.UW and DARS.
- Learn how to identify prerequisite coursework for majors. [nstp.uw.edu/hgchooseamajor](https://nstp.uw.edu/hgchooseamajor)
- Review student evaluations in the course evaluation catalog. [uw.edu/cec](https://uw.edu/cec)
- Be strategic about planning your course schedule; discover interesting courses and majors. [dawgpath.uw.edu](https://dawgpath.uw.edu)
- Looking for more guidance? Check out the first-year advising guide for tips on how to navigate your first year. [advising.uw.edu/guides/first-year](https://advising.uw.edu/guides/first-year)

## TRANSFER STUDENTS

- Learn the requirements for your intended major(s) and understand the department application/declaration process.
- Check your unofficial transcript on MyUW to see if all your credits have transferred from your previous institution.
- To understand how the credits from your previous institution apply toward your UW degree, run a degree audit (DARS) on MyPlan. [uw.edu/students/reg/dars](https://uw.edu/students/reg/dars)
- Ask your academic adviser how the Satisfactory Progress Policy will impact your timeline. [nstp.uw.edu/hgsatprog](https://nstp.uw.edu/hgsatprog)
- Plan for first quarter registration: Ensure you have a balanced schedule and register for the courses you need.
  - Course 1: \_\_\_\_\_
  - Course 2: \_\_\_\_\_
  - Course 3: \_\_\_\_\_
  - Course 4: \_\_\_\_\_
- Looking for more guidance? Check out the transfer student advising guide for tips on how to navigate your first year at the UW. [advising.uw.edu/guides/transfer](https://advising.uw.edu/guides/transfer)

## ACCESSING YOUR STUDENT RECORDS

### FAMILY EDUCATIONAL RIGHTS AND PRIVACY ACT

FERPA is a federal law that governs the use of student educational records. Students have full access to their academic records by logging into their MyUW account, but access is limited or restricted to others, including parents and family members. [registrar.washington.edu/students/ferpa](https://registrar.washington.edu/students/ferpa)

The following offices have individual processes to authorize users to view student information:

- Financial information (students must log in with their UW NetID): [nstp.uw.edu/hgrelease](https://nstp.uw.edu/hgrelease)
- Medical: [wellbeing.uw.edu/medical-records](https://wellbeing.uw.edu/medical-records)
- One-time education record release: [registrar.washington.edu/records-release](https://registrar.washington.edu/records-release)



## DISABILITY RESOURCES

### DISABILITY RESOURCES FOR STUDENTS (DRS)

The DRS office works with students with disabilities to establish academic adjustments and accommodations.

Mary Gates Hall (MGH) 011 | [depts.washington.edu/uwdrs](https://depts.washington.edu/uwdrs)

### DISABILITY AND D/DEAF CULTURAL CENTER (D CENTER)

The D Center is a gathering space for UW students who identify as Disabled, D/deaf or allies. The D Center fosters a safe space for folks of all abilities to learn, socialize and celebrate pride in community with each other.

Husky Union Building (HUB) 327 | [hub.uw.edu/dcenter](https://hub.uw.edu/dcenter)





## DID YOU KNOW?

A student's class standing is based on the total number of credits earned, not the number of years attended or the completion of an associate's degree.

**FIRST-YEAR = 0-44 CREDITS**

**SECOND-YEAR = 45-89 CREDITS**

**THIRD-YEAR = 90-134 CREDITS**

**FOURTH-YEAR AND BEYOND = 135+ CREDITS**

## BRINGING CREDIT INTO THE UW

Generally, college-level credit brought into the UW will contribute to the 180 credits required for graduation. The following tools and information will help you understand how your credit will count toward your degree.

Review the University of Washington Equivalency Guide for courses taken at a Washington state community or technical college: [admit.washington.edu/apply/transfer/equivalency-guide](https://admit.washington.edu/apply/transfer/equivalency-guide)

For courses offered by any other institution, review the UW transfer credit policies: [admit.washington.edu/apply/transfer/policies](https://admit.washington.edu/apply/transfer/policies)

## INTERPRETING COURSE EQUIVALENCIES

### **SPECIFIC EQUIVALENCY**

Many transfer courses are listed with a specific UW course equivalency and are found at the top of your unofficial UW transcript.

### **EXAMPLE BIO A 201 (5)**

This community college course is offered for five credits and is designated as equivalent to a specific UW course, BIO A 201, which is also offered for five credits. The course meets the Natural Sciences (NSc) component of UW graduation requirements.

### **NOT A SPECIFIC EQUIVALENCY**

A 1XX or 2XX instead of a course number indicates that the course credit transfers but is not equivalent to a specific course at the UW. 1XX indicates transfer courses offered at the 100 level; 2XX indicates courses offered at the 200 level.

### **EXAMPLE UW 1XX**

The course is considered an interdepartmental course as the UW does not have an equivalent department. The course is assigned the generic UW 1XX equivalency and may be used toward general graduation requirements as appropriate.

### **EXAMPLE BIOL 2XX**

Content is not equivalent to a specific UW course but does generally correspond to a specific UW program. In this case, the Biology program accepts the course for credit.

### **COURSES TAKEN AS PART OF A SEQUENCE**

In some cases, you must complete an entire sequence of courses at your transfer institution to be awarded specific UW course equivalencies. If only one or two courses are completed, then the credit is usually awarded as departmental 1XX or 2XX.

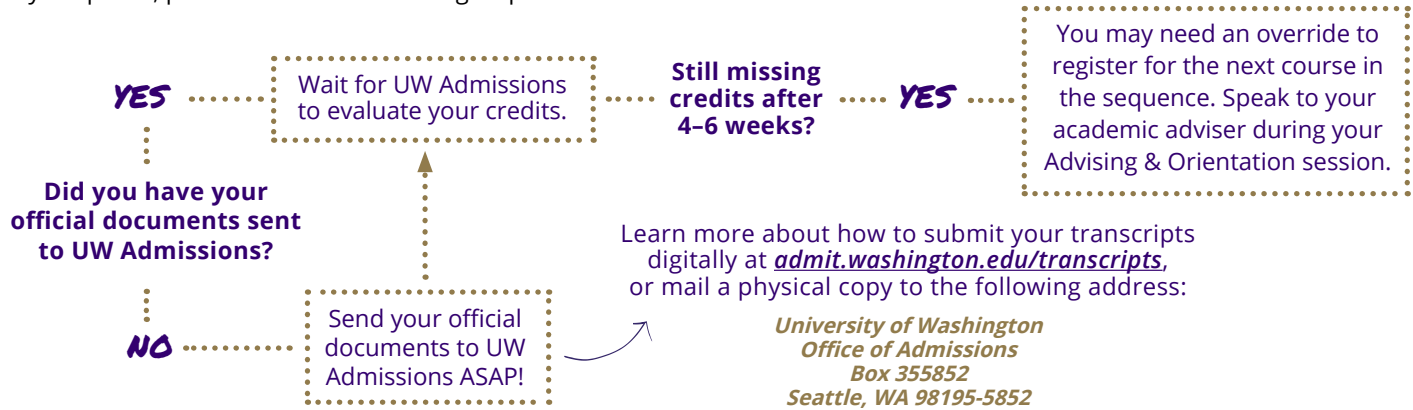
### **EXAMPLE CHEM 152,162 (5,6) if both courses taken; otherwise, CHEM 1XX**

In this example, both chemistry courses must be completed to earn the UW equivalencies; if only one course is completed, then the credit is usually awarded as departmental 1XX or 2XX.



# ARE YOU MISSING CREDITS?

If you have college credit that you don't see on your unofficial transcript in your MyUW portal, please review the following steps:



## ACADEMIC TECHNOLOGY

### ESSENTIAL SITES

**[my.uw.edu](http://my.uw.edu)** MyUW is the front portal of University of Washington for anybody with a UW NetID. Access the web resources you need to fulfill your goals at the University.

**[register.uw.edu](http://register.uw.edu)** Register.UW helps you create an academic plan for next quarter, next year, or all the way to graduation; audit your progress; discover which courses you may need to complete your degree; and share plans with your adviser.

**[dawgpath.uw.edu](http://dawgpath.uw.edu)** DawgPath is a web application that can help you manage your course load, discover interesting courses and majors and connect with your adviser.

**[it.uw.edu](http://it.uw.edu)** Your comprehensive portal for IT tools, software, services and resources to support your success at the UW.

**[washington.edu/calendar](http://washington.edu/calendar)** The UW Event Calendar shows listings for events, performances, lectures, exhibits and more on all three campuses.

**[notify.uw.edu](http://notify.uw.edu)** Notify.UW sends notifications about course availability. Subscribe to courses you are interested in and choose to be notified via email and/or SMS text message when a seat opens up.

### LEARNING TOOLS

**[canvas.uw.edu](http://canvas.uw.edu)** Canvas is the official learning-management system of the UW and is used in many UW courses.

**[uw.hosted.panopto.com](http://uw.hosted.panopto.com)** Panopto is the UW-IT-supported lecture-capture solution, allowing for easy recording and viewing of videos from courses, lectures and presentations.

**[stlp.uw.edu](http://stlp.uw.edu)** The Student Technology Loan Program allows you to borrow laptops, tablets, audiovisual tools and accessories for free.

### GET CONNECTED

**[nstp.uw.edu/hggetconnected](http://nstp.uw.edu/hggetconnected)** Wireless internet access is available throughout most buildings on campus and some outdoor areas around campus. Wired internet access is available in all residence rooms, and Husky OnNet provides a secure temporary connection to the UW network from off campus.

**[itconnect.uw.edu/uware](http://itconnect.uw.edu/uware)** Download essential software from UW-IT's software catalog and discover online productivity tools available to empower your academic career.

**[itconnect.uw.edu/email](http://itconnect.uw.edu/email)** You have two basic options for email: Forward UW email to a personal email inbox, or use an email service offered through the UW, either UW Gmail or UW Exchange Online.



# TRANSFER RESOURCES



The University of Washington considers you a transfer student if you completed any college courses at another institution after graduating from high school. As a transfer student, you are part of a community that brings a wide range of experiences, perspectives and strengths from previous schools and pathways into this next step in your educational journey. Your time at the UW is an opportunity to build on what you've already learned while exploring new academic, professional, and community opportunities.

Because transferring to a new university can also mean navigating new policies, systems, and expectations, the UW offers a variety of transfer-specific resources and communities designed to support you along the way. From Transfer Ambassadors and success coaches to advising and involvement opportunities, these resources are here to help you connect, find support and make the most of your time at the UW.

## TRANSFER-SPECIFIC SPACES FOR STUDENTS

Undergraduate Academic Affairs (UAA) manages two spaces where transfer students are the priority, with resources, events, and connection opportunities for transfer students to engage in.

### **COMMUTER + TRANSFER COMMONS (CTC)**

Located in room 141 of the Husky Union Building (HUB), the CTC is dedicated to students who have transferred to the UW and students who commute to campus. [nstp.uw.edu/ctc](https://nstp.uw.edu/ctc)

#### **Resources available at the CTC include:**

- Planned events and social activities to connect with other transfer and commuter students.
- Kitchenette, including fridge, microwaves, hot water dispenser and toaster.
- Day-use lockers to store your heavy books, backpack, or helmets.
- Private changing room and lactation station.
- Large study area with large mobile white boards for problem solving or group work.
- Technology, board games, and puzzle rentals, as well as a Dawg Prints station for all your printing needs.

### **UW TRANSFER CENTER**

Located in the UAA Advising Suite in Mary Gates Hall (MGH) 141, the UW Transfer Center was created as a space where transfer students can connect with each other, mentors and advisers and find support throughout their journey. [transfer.uw.edu/current-students](https://transfer.uw.edu/current-students)

#### **Resources available at the UW Transfer Center include:**

- One-on-one guidance from Transfer Student Ambassadors, who lead programs, answer questions, host drop-in hours, and can help in navigating campus life.
- Events and mentorship throughout the year to help you tap into academic support, campus services, and opportunities.
- Located right in the advising suite, it's simple to drop in or schedule time with UAA or OMA&D advisers — so you're never far from expert guidance.
- Transfer Center programming designed to help you feel connected, confident, and equipped to succeed.



## TRANSFER STUDENT SUCCESS COACHING

Meet with the Transfer Student Success Coach to develop personalized academic strategies, set goals, and build a strong foundation for success at the UW. The Transfer Student Success Coach is a fellow transfer student and can provide support in navigating the UW through a series of virtual or in-person one-on-one appointments.

[academicsupport.uw.edu/academic-success-coach](https://academicsupport.uw.edu/academic-success-coach)

## TRANSFER CENTER AMBASSADORS

Transfer Center Ambassadors are current UW students who are excited to share their experience and support other transfer students by providing connections to resources, one-on-one mentorship and community building opportunities. Visit the UW Transfer Center in the Undergraduate Advising Suite (Mary Gates Hall 141) during Peer Drop-In Hours to connect with a Transfer Center Ambassador.

[transfer.uw.edu/current-students/transfer-ambassadors](https://transfer.uw.edu/current-students/transfer-ambassadors)

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## TRANSFER COURSE: GEN ST 205

### **ACADEMIC SKILLS AND IDENTITY DEVELOPMENT FOR TRANSFER STUDENTS**

GEN ST 205 is a two-credit course designed specifically for first-quarter transfer students. This course will help you explore your academic identity, plan your academic and career paths, and build valuable social networks. This course is led by an instructor and several Transfer Peer Educators, who are current transfer students who have taken the course and serve a valuable role as a mentor, support and connection to UW resources. You will get to connect with fellow transfer students and create a supportive community as you navigate your new environment. [nstp.uw.edu/genst205](https://nstp.uw.edu/genst205)

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## TRANSFER STUDENT EVENTS AND CELEBRATIONS

### **TRANSFER STUDENT CELEBRATION WEEK**

Transfer Student Celebration Week takes place every October on the UW campus, and is part of a wider national transfer celebration initiative: [nists.org/national-transfer-student-week](https://nists.org/national-transfer-student-week)

Join us as we recognize and celebrate our UW transfer students through a week of curated events, resources and opportunities to connect with fellow transfer students, staff and faculty! Whether you are looking to build community, explore campus life, or just have some fun, there's something for everyone.

[transfer.uw.edu/current-students/transfer-celebration](https://transfer.uw.edu/current-students/transfer-celebration)

### **DAWG DAZE**

Dawg Daze takes place right before autumn quarter starts, and is a great way to discover resources, get familiar with important campus landmarks and connect with UW staff and other students.

Build community with other transfer students by attending a transfer-specific event during Dawg Daze! Recurring transfer-specific events include the **Transfer Success Panel** and the **Transfer Community Mixer**, and many more are added throughout the summer. Explore all the events and find more ways to get involved: [dawgdaze.uw.edu](https://dawgdaze.uw.edu)

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## QUESTIONS TO REFLECT ON

**What's one thing you've been curious about but haven't had the chance to try yet?**

As a transfer student, you have access to the same clubs, events, research opportunities, and study abroad programs as first-year students. Don't wait to explore what's out there!

**Is there a role or activity from your previous school or community that you'd like to pick back up — or build on?**

Your experience before the UW is an asset. If you were a peer adviser, student government representative, or club officer, there are parallel opportunities here waiting for you!

**What groups, identities or interests have shaped who you are — and how do you want to explore them at the UW?**

The UW has a rich network of identity-based and interest-driven communities, including cultural clubs through the Kelly Ethnic Cultural Center (ECC), ASUW and hundreds of Registered Student Organizations.

AUTUMN 2026

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
1	<b>SEPTEMBER 28</b>	<b>29</b>	<b>30</b> Instruction begins	<b>OCTOBER 1</b>	<b>2</b>	<b>3-4</b>
Dawg Daze: September 23-October 2						
2	<b>5</b>	<b>6</b> Last day to change registration without fee	<b>7</b>	<b>8</b>	<b>9</b>	<b>10-11</b>
3	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b> Tuition due	<b>17-18</b>
4	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24-25</b>
5	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>NOVEMBER 31-1</b>
6	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7-8</b>
7	<b>9</b>	<b>10</b>	<b>11</b> Veterans Day	<b>12</b>	<b>13</b>	<b>14-15</b>
8	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21-22</b>
9	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> Thanksgiving	<b>27</b> Native American Heritage Day	<b>28-29</b>
10	<b>30</b>	<b>DECEMBER 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5-6</b>
11	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b> Last day of instruction	<b>12-13</b> Final exams Dec. 12-18
12	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b> Last day of autumn S/NS* deadline	<b>19-20</b> Winter break through Jan. 3

WINTER 2027

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
1	<b>JANUARY 4</b> Instruction begins	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9-10</b> 10: Last day to change registration without fee
2	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16-17</b>
3	<b>18</b> Martin Luther King Jr. Day	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Tuition due	<b>23-24</b>
4	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30-31</b>
5	<b>FEBRUARY 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6-7</b>
6	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13-14</b>
7	<b>15</b> Presidents' Day	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20-21</b>
8	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27-28</b>
9	<b>MARCH 1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6-7</b>
10	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> Last day of instruction	<b>13-14</b> Final exams Mar. 13-19
11	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> Last day of winter S/NS* deadline	<b>20-21</b> Spring break through March 28

SPRING 2027

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
1	<b>MARCH</b> 29 Instruction begins	30	31	<b>APRIL</b> 1	2	3-4 4: Last day to change registration without fee
2	5	6	7	8	9	10-11
3	12	13	14	15	16 Tuition due	17-18
4	19	20	21	22	23	24-25
5	26	27	28	29	30	<b>MAY</b> 1-2
6	3	4	5	6	7	8-9
7	10	11	12	13	14	15-16
8	17	18	19	20	21	22-23
9	24	25	26	27	28	29-30
10	31 Memorial Day	<b>JUNE</b> 1	2	3	4 Last day of instruction	5-6 Final exams June 5-11
11	7	8	9	10	11 Last day of spring S/NS* deadline	12-13 12: Seattle campus commencement

SUMMER 2027

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY/SUNDAY
1	<b>JUNE</b> 21 A-term and full-term instruction begins	22	23	24	25	26-27 27: Last day to change full- and A-term registration without fee
2	28	29	30	<b>JULY</b> 1	2	3-4 4: Independence Day
3	5 Independence Day (Observed)	6	7	8	9 Tuition due	10-11
4	12	13	14	15	16	17-18
5	19	20	21 Last day of A-term/ S/NS* deadline	22 Instruction begins B-term	23	24-25
6	26	27	28 Last day to change B-term registration without fee	29	30	<b>AUGUST</b> 31-1
7	2	3	4	5	6	7-8
8	9	10	11	12	13	14-15
9	16	17	18	19	20 Last day of full-term & B-term/ S/NS* deadline	21-22 Autumn break through Sept. 28

# ACADEMIC CALENDAR

The most up-to-date calendar can be found at [nstp.uw.edu/hgdates](https://nstp.uw.edu/hgdates).

\*You may choose to have a numerically graded course graded as Satisfactory/Non-Satisfactory (S/NS): [registrar.washington.edu/grading-options](https://registrar.washington.edu/grading-options)



# FINANCIAL RESOURCES

## FINANCIAL RESOURCES

**Emergency Aid:** Emergency aid is available for unpredictable or unexpected costs that cause significant stress and impact academic success and personal well-being.

[uw.edu/emergencyaid](http://uw.edu/emergencyaid)

**Childcare Assistance Program:** Funded by Services & Activity fees, the Childcare Assistance Program assists students in covering the costs of licensed childcare for their children while enrolled at the UW. [uw.edu/financialaid/child-care-assistance](http://uw.edu/financialaid/child-care-assistance)

**Financial Aid Office:** Talk to a financial aid counselor to see if adjustments can be made to your financial aid and find other options for help.

[finaid.uw.edu](http://finaid.uw.edu) | 206-543-6101

**Food Pantry:** Provides students who experience food insecurity access to shelf-stable food, fresh produce and ready-to-eat items at no cost — just bring your Husky ID.

[uw.edu/anyhungryhusky](http://uw.edu/anyhungryhusky)

## DO YOU NEED A JOB?

Explore these resources to start your job search early:

**Handshake** is the UW's online job and internship database. Any Husky can schedule career coaching appointments, RSVP for events and career fairs and search for internships, part-time and full-time jobs, from your computer or mobile device. [uw.joinhandshake.com](http://uw.joinhandshake.com)

**Work Study** is a great way to help pay for your education while gaining invaluable experience by working part-time. To be eligible, you must demonstrate financial need and complete the FAFSA by the priority filing date. [uw.edu/workstudy](http://uw.edu/workstudy)

**The Career & Internship Center** offers one-on-one career coaching, resume and interview help, career fairs and workshops on everything from LinkedIn to job searching. You can even access free career exploration tools, take a professional headshot or borrow interview-ready attire through the Husky Career Closet.

[careers.uw.edu](http://careers.uw.edu)

**Housing & Food Services** employs thousands of students every year in a wide variety of services, and enables students to develop skills in on-campus roles.

[hfs.uw.edu/experience/student-jobs](http://hfs.uw.edu/experience/student-jobs)

**UW Libraries** Students who work at the Libraries come from a wide range of academic interests and degrees, and enjoy unique learning and career opportunities as a UW Libraries Student Employee. [lib.uw.edu/jobs](http://lib.uw.edu/jobs)





**REMINDER: NEXT YEAR'S PRIORITY FAFSA/WASFA DEADLINE IS FEBRUARY 28, 2027.**

## SCHOLARSHIPS

UW students are competitive for scholarships supporting a wide range of pursuits. Take advantage of the following resources to support your scholarship search:

### Office of Student Financial Aid Scholarship Information

Provides information and resources for need- and merit-based scholarships. [uw.edu/financialaid/scholarships](http://uw.edu/financialaid/scholarships)

### Office of Merit Scholarships, Fellowships and Awards

Supports students in identifying and applying competitively for scholarships that advance their goals. [expd.uw.edu/scholarships](http://expd.uw.edu/scholarships)

### Mary Gates Endowment for Students

Scholarships to help students become independent learners and community leaders. [expd.uw.edu/mge](http://expd.uw.edu/mge)

### Reserve Officer Training Corps

Merit-based scholarships that cover full tuition, a book allowance and a monthly stipend. [afrotc.uw.edu](http://afrotc.uw.edu)

Send private scholarship checks to the following address. Please include your name and ID number.

**University of Washington Scholarships**  
PO Box 24967  
Seattle, WA 98124

## WHEN IS TUITION DUE?

### ON THE 3<sup>RD</sup> FRIDAY OF THE QUARTER

Payments must be received by Student Fiscal Services no later than the tuition due date. Mark all the important add/drop dates on your calendar. [nstp.uw.edu/hgdates](http://nstp.uw.edu/hgdates)

Please note: Financial aid generally begins disbursing one week prior to the first day of the quarter.

<b>OCT. 16</b>	<b>JAN. 22</b>	<b>APR. 16</b>
<b>AUTUMN 2026</b>	<b>WINTER 2027</b>	<b>SPRING 2027</b>

## COMMONLY ASKED QUESTIONS ABOUT FINANCIAL AID

### Should I apply for financial aid?

Yes, if you think you need help paying for college, we strongly encourage you to apply. There is no "income cutoff" or other simple method of determining whether you will qualify for need-based financial aid. In general terms, "financial need" is defined as the difference between what it costs you to attend school and what you and your family can afford to pay.

### What are the various types of financial aid?

There are three main types of financial aid based on your eligibility: grants/scholarships, which are considered "gift aid" and do not have to be repaid; work study, which allows you to work part-time on or off campus; and loans, which you borrow now and repay after graduating or dropping below half-time enrollment.

### What costs can I use financial aid for during my enrollment at the UW?

You can use financial aid to cover expenses that are related to your education, such as tuition and fees, books/supplies, living expenses (on and off campus), transportation and other personal expenses you may incur.

### How much will I need to borrow?

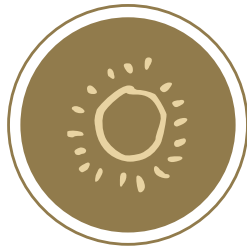
That depends on how long it takes to complete your degree, your eligibility for other aid besides loans and your personal spending habits. In 2024-25, 27% of UW undergraduates had debt at graduation. These students graduated with an average cumulative loan debt of \$21,207. This is below the national average of \$28,000 borrowed at public universities.

### Why do I need loans? Can't I just use other forms of aid?

Of course, loans should be your last resort for paying for school. However, we do not have enough funds to award grants to all Huskies, so we end up awarding some loans to help you meet your financial need. We encourage students to fully utilize grants, scholarships and employment wages before considering loans. However, if you do need to fill a financial gap, you can decide how much or how little you want to borrow in loans. You can always repay your loans early, too, without penalty.

### Who can I talk to about my financial aid options?

There are multiple ways you can connect with a Student Financial Aid Counselor: Call 206-543-6101 during our phone service hours, email us at [osfa@uw.edu](mailto:osfa@uw.edu), or visit [finaid.uw.edu](http://finaid.uw.edu).



# CAMPUS LIFE AND ENGAGEMENT

## COMMUTE OPTIONS

For 30 years, the U-PASS has made the University of Washington more accessible by providing affordable transit choices to UW students and staff.

A week before the quarter starts, your U-PASS will be activated and ready for use on your Husky Card. You will be able to access bus and transit options through King County Metro, Community Transit, Pierce Transit, Kitsap Transit, Everett Transit and Sound Transit, including the Link light rail and Sounder commuter trains. Find more information at [transportation.uw.edu](https://transportation.uw.edu).

### DID YOU KNOW?

More than 80% of commute trips to campus are made without a personal vehicle.

## Q CENTER: LGBTQ+ RESOURCES

The Q Center has proudly served LGBTQ+ students, staff and faculty on the UW Seattle campus for over 20 years. The Q Center works to foster a brave, affirming and inclusive community that celebrates all gender and sexual identities.

Through programs, resources and support, the Q Center empowers students and staff to thrive — personally, socially and academically.

Guided by values of justice, respect and liberation, the Q Center is a space where people can find connection and the freedom to be their authentic selves.

The Q Center is located in the Husky Union Building, on the third floor across from the elevator (HUB 315). Learn more about the Q Center at [qcenter.washington.edu](https://qcenter.washington.edu).

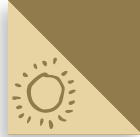
## FRATERNITY & SORORITY LIFE

Membership in a fraternity/sorority provides more than you might think — the decision to join can impact all facets of your collegiate experience. The UW's Greek community comprises 55 chapters with over 4,000 active members in four councils: Interfraternity Council, Multicultural Greek Council, National Pan-Hellenic Council and the Panhellenic Association.

See your New Husky Checklist to learn more about the membership experience and joining process and connect with current students during A&O.

[washington.edu/ofsl](https://washington.edu/ofsl)





# JOIN A NEW HUSKY COMMUNITY

There are several ways to get connected to campus while taking classes and beginning your first quarter. As a new Husky, consider focusing on the areas below, and learn more at [nstp.uw.edu/connect-through-academics](https://nstp.uw.edu/connect-through-academics).



## FIND EVENTS AND ACTIVITIES

### UW Campus Calendar

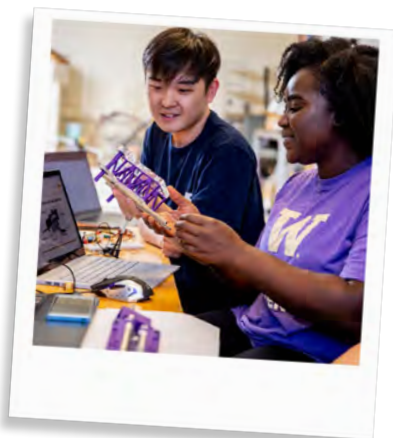
Browse by date or category to find on-campus events and opportunities that fit your schedule and spark your curiosity. [calendar.washington.edu](https://calendar.washington.edu)

### HFS event calendar

Whether you live on-campus or not, the HFS Event Calendar highlights dining events, residential activities, and community programs designed to help all students connect, explore, and settle in. [hfs.uw.edu/calendar](https://hfs.uw.edu/calendar)

### New Huskies 2026 Instagram

Follow @newhuskies2026 for event highlights, important reminders, and opportunities curated for new Huskies. [instagram.com/newhuskies2026](https://instagram.com/newhuskies2026)



## DISCOVER COMMUNITY

### Registered Student Organizations (RSOs)

Registered Student Organizations (RSOs) are independent student-run clubs that register annually with the Student Activities Office. The UW Seattle has over 1,000 RSOs each year, including academic, performing arts, gaming, sports and recreation, multicultural, international, honors and special interest groups.

Students can search for RSOs in HuskyLink at [huskylink.washington.edu](https://huskylink.washington.edu), the UW's official RSO directory. New students can also explore RSOs at the fall and winter Student Activities Fairs. Learn more at [hub.washington.edu/get-involved/rso](https://hub.washington.edu/get-involved/rso).



## CONNECT WITH THE UW

### First-year Interest Groups (FIGs)

First-year Interest Groups (FIGs) include a seminar course (GEN ST 199) designed for new Huskies, led by peer educators who provide mentorship and support students as they transition to the UW. [nstp.uw.edu/first-year-interest-groups](https://nstp.uw.edu/first-year-interest-groups)

### Husky Peer Mentor Program

Get matched with a UW student mentor ready to help you navigate campus life, academics, and everything that comes with being a new Husky. [nstp.uw.edu/hpm](https://nstp.uw.edu/hpm)

### New Husky Networks

As students explore Seattle and the UW, they can connect with each other and the community through weekly newsletters, special events, and an online communication platform. Register for New Husky Networks at [nstp.uw.edu/nhnetworks](https://nstp.uw.edu/nhnetworks).

## CREATE YOUR COMMUNITY

Do you have a passion or identity but are having trouble finding a community that reflects it? You can create your own community by registering a Student Organization, getting involved in Student Government, or developing a connection with an Student Activities Office (SAO) Adviser. [hub.washington.edu/get-involved/sao](https://hub.washington.edu/get-involved/sao)



# SUSTAINABILITY & RECYCLING



## UW Sustainability

We encourage and coordinate green efforts. Find dozens of student groups and more at [sustainability.uw.edu](https://sustainability.uw.edu).

## Campus Sustainability Fund (CSF)

The CSF, funded and run by students, supports student-led projects advancing justice-centered sustainability while fostering collective learning and resource sharing. [csf.uw.edu](https://csf.uw.edu)

## Waste on Campus

You'll see three bins on campus: compost, recycling and landfill. Learn how to sort it all out and make an impact. [uwrecycling.com](https://uwrecycling.com)

## Huskies for Equitable Sustainability

Huskies for Equitable Sustainability (HuES) is an opportunity for all students to learn about and engage in sustainability efforts. [sustainability.uw.edu/hues](https://sustainability.uw.edu/hues)

## ON-CAMPUS DINING

Whether you're grabbing a quick coffee between classes, sitting down for a full meal, or stocking up on groceries, Housing & Food Services (HFS) has you covered with restaurants, cafés and markets across campus. [hfs.uw.edu/eat](https://hfs.uw.edu/eat)



### RESTAURANTS

#### By George

Located in Odegaard Undergraduate Library

#### Center Table

Located in Oliver Hall (North Campus)

#### Cultivate

Located in Elm Hall (West Campus)

#### Husky Den Food Court

Located in the Husky Union Building (HUB)

#### Local Point

Located in Lander Hall (West Campus)



### MARKETS

#### District Market, Alder

Located in Alder Hall

#### District Market, Oak

Located in Oak Hall

#### Etc., The HUB

Located in the Husky Union Building (HUB)



### CAFÉS

#### Dawg Bites

Located in the Intramural Activities Building (IMA)

#### Husky Den Café, The HUB

Located in the Husky Union Building (HUB)

#### Husky Grind Café, District Market Alder

Located in Alder Hall

#### Husky Grind Café, District Market Oak

Located in Oak Hall

#### Husky Grind Café, Mercer Court

Located in Mercer Court

#### Microsoft Café

Located in The Bill and Melinda Gates Center (CSE2)

#### Orin's Place

Located in PACCAR Hall (PCAR)

#### Public Grounds

Located in Parrington Hall

#### The Rotunda

Located in Magnuson Health Sciences Center I-Court

#### Starbucks® Coffee, Population Health

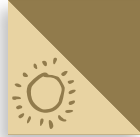
Located in the Hans Rosling Center for Population Health

#### Starbucks® Coffee, Suzzallo

Located in Suzzallo Library

#### Tower Café

Located in the UW Tower



# HOUSING & FOOD SERVICES

Our goal is to support you and provide you with the tools to succeed. Keep the following information to help you navigate the #HuskyHome on-campus living experience. Learn more at [hfs.uw.edu/housing](https://hfs.uw.edu/housing).

## IMPORTANT DATES

- Aug. 31, 2026 • Fall quarter dining funds available
- Sept. 14, 2026 • 12-month fall quarter dining funds available
- Sept. 22, 2026 • 9-month fall quarter dining funds available
- Oct. 31, 2026 • Agreement termination notice deadline for winter quarter
- Nov. 30, 2026 • Winter quarter dining account level change deadline
- Jan. 3, 2027 • Winter quarter dining funds available
- Jan. 31, 2027 • Agreement termination notice deadline for spring quarter
- Feb. 28, 2027 • Spring quarter dining account level change deadline
- March 28, 2027 • Spring quarter dining funds available
- Early April 2027 • Returning residents apply for 2026–2027 housing
- June 12, 2027, at noon (9-month) • Any money remaining in your dining account is forfeited
- Aug. 21, 2027, at noon (12-month) • Any money remaining in your dining account is forfeited

## MOVE-IN/MOVE-OUT DATES

- Sept. 14, 2026, time varies • 12-month apartment move-in: time assigned by HFS
- Sept. 22–25, 2026, time varies • Residence hall move-in: time assigned by HFS
- June 12, 2027, at noon • 9-month residents move-out
- Aug. 21, 2027, at noon • 12-month apartment move-out

## PAYMENT DUE DATES

- Oct. 16, 2026 • Fall quarter housing payment due
- Jan. 22, 2027 • Winter quarter housing payment due
- April 16, 2027 • Spring quarter housing payment due
- Monthly (1<sup>st</sup> day of the month) • 12-month housing payment due



## DID YOU KNOW?

**Husky Card Account** funds can be used for on-campus:

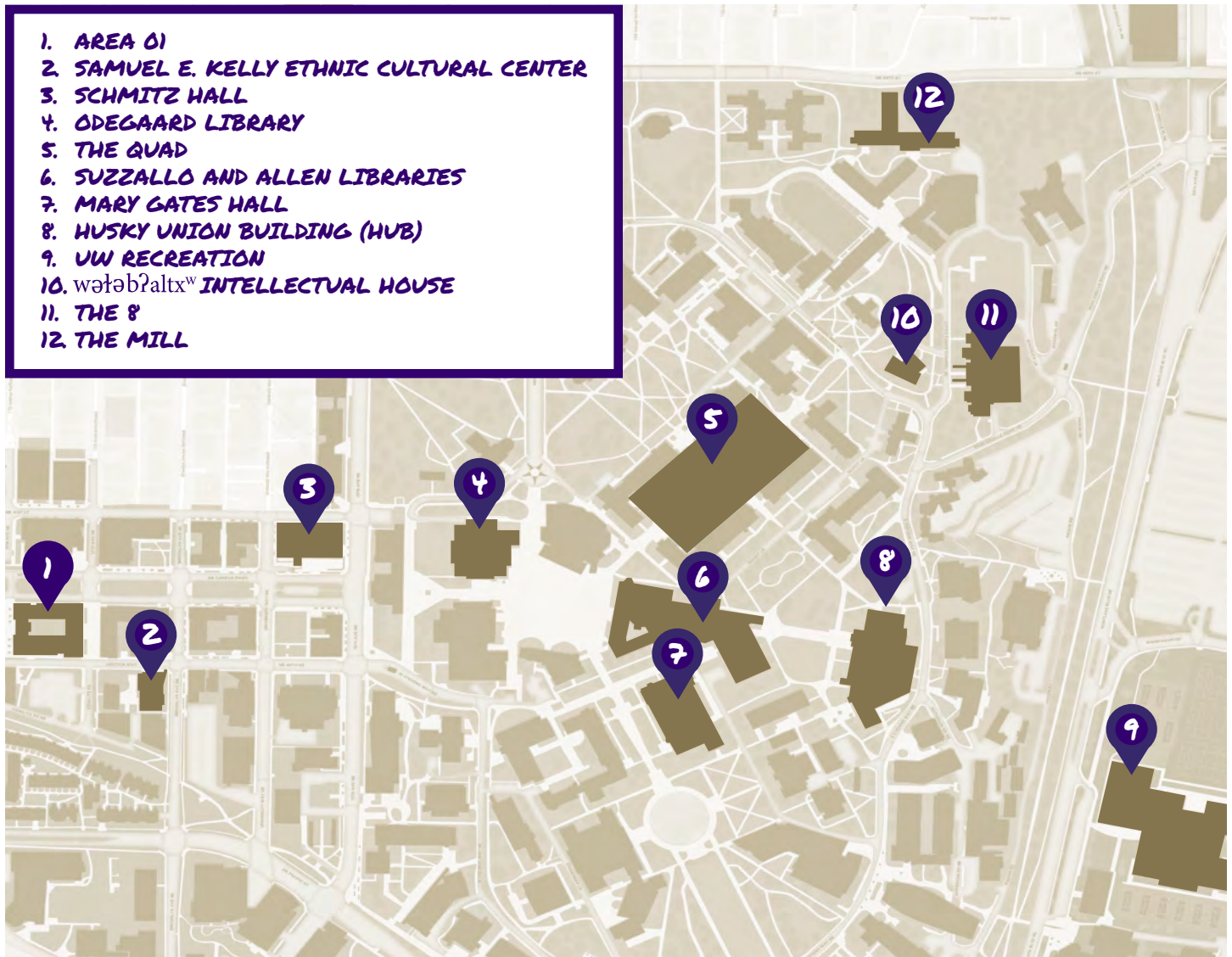
- Dining
- Shopping
- Dawg Prints

Additionally, save money by accessing card discounts. [hfs.uw.edu/husky-card-services](https://hfs.uw.edu/husky-card-services)



# TWELVE WAYS TO FIND YOUR PLACE

The UW has several physical spaces that you should know as a student. Plan to visit these spaces when you come to campus to find your place and thrive in your first year at the UW.



### 1. AREA 01

A community-focused learning space featuring a high- and low-tech makerspace called The Dabble Lab, as well as a variety of other spaces including the Sound Lab, Gamepods and new Content Creation Studio. You can also enjoy the space by playing ping pong, pool and game consoles. [hfs.uw.edu/perks-recreation/area-01](https://hfs.uw.edu/perks-recreation/area-01)



### 2. SAMUEL E. KELLY ETHNIC CULTURAL CENTER (ECC)

Attend cultural events to engage with our community and enhance your leadership skills. Visit the wellness room, serenity space, social justice library and Leadership Without Borders. [depts.uw.edu/ecc](https://depts.uw.edu/ecc)



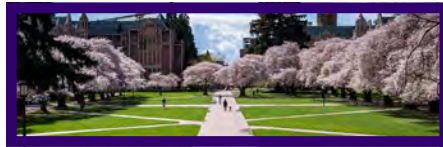
### 3. SCHMITZ HALL

Get answers about your tuition and financial aid questions, explore study abroad, or make a counseling appointment with a therapist. Get advice from International Student Services (ISS) and chat with the Center for International Relations & Cultural Leadership Exchange (CIRCLE).



#### 4. ODEGAARD LIBRARY

Get writing and research help, reserve study rooms, check out course textbooks and use the computer labs! Odegaard also houses a sound studio, wellness room, the undergraduate book collection, and is open the longest hours of any library on campus. [lib.uw.edu/ougl](http://lib.uw.edu/ougl)



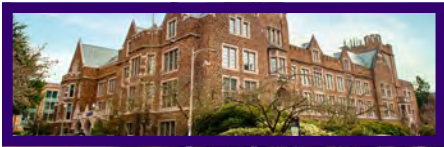
#### 5. THE QUAD

The Quad is a favorite go-to area to spend time outdoors, as students picnic, play games, read or relax in the sun. Plus, the collection of 30 Yoshino cherry trees attract visitors from around the world to see their stunning pink blooms, which emerge toward the end of March. [uw.edu/cherryblossoms](http://uw.edu/cherryblossoms)



#### 6. SUZZALLO AND ALLEN LIBRARIES

The Suzzallo and Allen libraries are so much more than a place to check out books. Find quiet solo study spots or collaborative workspaces, such as the Research Commons. Need research help? Stop by the Allen Information Desk or connect with a subject expert for one-on-one support. [lib.uw.edu/suzzallo-and-allen-libraries](http://lib.uw.edu/suzzallo-and-allen-libraries)



#### 7. MARY GATES HALL

Explore the following offices to succeed in your first year at the UW:

- Office of Minority Affairs & Diversity [washington.edu/omad](http://washington.edu/omad)
- Academic Support Programs [academicsupport.washington.edu](http://academicsupport.washington.edu)
- Career & Internship Center [careers.uw.edu](http://careers.uw.edu)
- Center for Experiential Learning and Diversity [expd.uw.edu](http://expd.uw.edu)
- New Student & Transfer Programs [nstp.uw.edu](http://nstp.uw.edu)
- UAA Advising [advising.uw.edu](http://advising.uw.edu)
- UW Transfer Center [transfer.uw.edu](http://transfer.uw.edu)



#### 8. HUSKY UNION BUILDING (HUB)

The HUB offers many services, spaces and activities for the UW community, including, but not limited to:

- ASUW [asuw.org](http://asuw.org)
- Q Center [qcenter.washington.edu](http://qcenter.washington.edu)
- D Center [hub.uw.edu/dcenter](http://hub.uw.edu/dcenter)
- Student Veteran Life [depts.uw.edu/vetlife](http://depts.uw.edu/vetlife)
- Commuter & Transfer Commons [nstp.uw.edu/ctc](http://nstp.uw.edu/ctc)
- ASUW Bike Shop [bike.asuw.org](http://bike.asuw.org)
- HUB Games [hub.uw.edu/play](http://hub.uw.edu/play)
- University Book Store
- Husky Den Food Court



#### 9. UW RECREATION

UW Recreation allows students to participate in a variety recreational classes, programs and activities. Explore some of the recreation spaces and get involved:

- Intramural Activities (IMA) Building [uw.edu/ima/ima-building](http://uw.edu/ima/ima-building)
- Craggs Climbing Center [uw.edu/ima/craggs-climbing-center](http://uw.edu/ima/craggs-climbing-center)
- Golf Range [uw.edu/ima/golf](http://uw.edu/ima/golf)
- IMA Courts and Fields [uw.edu/ima/facility-field-reservations](http://uw.edu/ima/facility-field-reservations)
- IMA Pool [uw.edu/ima/ima-pool](http://uw.edu/ima/ima-pool)
- Waterfront Activities Center (WAC) [uw.edu/ima/waterfront](http://uw.edu/ima/waterfront)



#### 10. wə'tɒb?altx<sup>w</sup> INTELLECTUAL HOUSE

A gathering space for American Indian/Alaska Native students, faculty and staff, as well as others from various cultures and communities, to come together in a welcoming environment to share knowledge. Visit the Intellectual House to find academic and cultural student programming. [uw.edu/omad/intellectual-house](http://uw.edu/omad/intellectual-house)



#### 11. THE 8

This multi-use community center is the ultimate hub for innovation and collaboration. Dive into the makerspace, equipped with state-of-the-art metal and wood shops and cutting-edge 3D printing technology. The 8 houses booths with space for students to gear up for their next exam or a cozy spot to relax. [hfs.uw.edu/perks-recreation/the-8](http://hfs.uw.edu/perks-recreation/the-8)



#### 12. THE MILL

Located in McCarty Hall, this creative haven is open to all UW students, offering access to an array of tools and resources, including 3-D printers, laser cutters, sewing and embroidery machines, a kiln and more. [hfs.uw.edu/experience/perks-recreation/the-mill](http://hfs.uw.edu/experience/perks-recreation/the-mill)



# HEALTH AND WELL-BEING

## HUSKY HEALTH CENTER

The Husky Health Center (HHC) is your home for all your general health needs while you are a student at the UW. Treating everything from sore throats to sports injuries, it is your convenient and centrally located resource for primary care, sports medicine, physical therapy, free nurse advice, OB/GYN care, immunizations, travel medicine, lab work, X-rays and much more.

As a member of the renowned UW Medicine system, the clinic offers diverse care options and is a fantastic resource for students as they transition to overseeing their own medical care. HHC highly recommends that all students set up an account on MyChart before beginning their first quarter so that they can access resources as soon as they arrive.



Scan this code or follow the link below to activate MyChart at the Husky Health Center today!

[mychart.uwmedicine.org](https://mychart.uwmedicine.org)

Huskies also love to take advantage of bargain prices at Rubenstein Pharmacy and a variety of safer-sex supplies like free condoms and lube, supplied by Husky Health. Be sure to ask about all the health benefits you receive at HHC as a fee-paying student at the UW!

[huskyhealth.uw.edu](https://huskyhealth.uw.edu)

## LIVWELL

UW LiveWell: Health Promotion and Prevention works with students to develop the knowledge and skills to make informed decisions about their health and well-being. LiveWell's free services include alcohol and other drug education and consultations, recovery support, basic needs navigation support, suicide intervention, sexual assault and relationship violence confidential support, peer health education workshops and programs, and one-on-one Peer Wellness Coaching appointments. To learn more and schedule an appointment, visit the LiveWell website. [wellbeing.uw.edu/livewell](https://wellbeing.uw.edu/livewell)

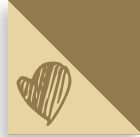
### Peer Wellness Coaching

This wheel highlights the interconnected nature of our well-being, teaching us the importance of developing lifelong skills to manage difficult situations, build resiliency and thrive. If you are looking to improve your knowledge about an aspect of your well-being, meet with a Peer Wellness Coach for 1-1 support! Peer Wellness Coaching is free, easily accessible and has same-week availability. [wellbeing.uw.edu/livewell/services/pwc](https://wellbeing.uw.edu/livewell/services/pwc)



### LiveWell Confidential Advocates

For students impacted by sexual assault, relationship violence or stalking, the best way to protect your confidentiality and get access to help and support is to connect with a LiveWell Confidential Advocate. LiveWell's Confidential Advocates offer support by providing information on available resources, reporting options, and trauma-informed medical and mental health care. To learn more or to schedule an appointment, please visit the LiveWell website. [wellbeing.uw.edu/confidential-advocacy](https://wellbeing.uw.edu/confidential-advocacy)



## COUNSELING CENTER

The UW Counseling Center offers multiple options for students seeking help coping with stress and mental health concerns. These include individual counseling, group counseling, workshops and several other programs. Students who are currently enrolled in degree-seeking programs at the Seattle campus are eligible for Counseling Center services.

Visit [mentalhealth.uw.edu](http://mentalhealth.uw.edu) for more details.

## SAFECAMPUS

With SafeCampus, you have support. Call SafeCampus, no matter where you work or study, to discuss safety and well-being concerns for yourself or others. Caring, trained professionals will listen to your concerns, provide guidance and safety plans tailored to your situation, talk you through options and connect you with additional resources as needed. All calls are private and you can remain anonymous.

SafeCampus also provides in-person training to staff, faculty and students to support violence prevention and response at the UW.

[safecampus@uw.edu](mailto:safecampus@uw.edu) | 206-685-7233 | [uw.edu/safecampus](http://uw.edu/safecampus)

## CIVIL RIGHTS & TITLE IX

University of Washington policies, in compliance with federal and Washington state laws, collectively prohibit discrimination based on the following protected characteristics, whether actual or perceived: race, color, creed, religion, national origin (including shared ancestry), citizenship, sex, pregnancy, age, marital status, sexual orientation, gender identity or expression, genetic information, disability and veteran status.

If you experience discrimination, harassment, or sexual misconduct, you have the right to request supportive measures and access available resources, regardless of whether you wish to request a university investigation or alternative resolution process. You also have the right to report the incident to the University or the police.

Making an online Civil Rights & Title IX report will connect you with a Civil Rights Case Manager who will help you understand available options and navigate resources. If you are seeking confidential support or are not yet sure if you want the University to know about your experience, you may prefer to reach out first to a University confidential resource.

### Assistant Vice President for Civil Rights Compliance & Title IX Coordinator:

Valery Richardson | [civilrights@uw.edu](mailto:civilrights@uw.edu) | 206-221-7932 | [uw.edu/civilrights](http://uw.edu/civilrights)

## NAVIGATING SUPPORT SYSTEMS

**If you want to report to the police (for incidents that occurred on the UW campus in Seattle):**

UW Police Department | [police.uw.edu](http://police.uw.edu)  
911 or 206-685-8973 (non-emergency)

**If you want to report to the police (for incidents that occurred in the City of Seattle):**

Seattle Police Department | [seattle.gov/police](http://seattle.gov/police)  
911 or 206-625-5011 (non-emergency)

**If you are seeking supportive measures, want to learn about resolution options, or want the University to be aware of a situation:**

Civil Rights Case Manager | [uw.edu/civilrights/make-a-report](http://uw.edu/civilrights/make-a-report)

**If you are a survivor of sexual assault, relationship violence or stalking and are seeking confidential support, safety planning or resources for healing:**

LiveWell Confidential Advocates | [wellbeing.uw.edu/livewell](http://wellbeing.uw.edu/livewell)

**If you have experienced discrimination or harassment and are seeking confidential support:**

University Ombuds | [uw.edu/ombud](http://uw.edu/ombud)

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